



CERTIFICATE

OF COMPLETION

This certificate is presented to

Vidya Kiran

For successful completion of **Stress Control Online**, an 8-week online Program for building coping skills
on 10th October 2024

Saravanan Neel
Chief Operating Officer
Silver Oak Health

Certificate ID: b1be70e95fab06cddfdcdca87fc5919c8

Certificate URL: <https://silveroakhealth.com/certificate/b1be70e95fab06cddfdcdca87fc5919c8>